



Dear _____,

It is estimated that 1 in 3 of the Veterans who served in Iraq and Afghanistan suffer from an invisible wound, such as post-traumatic stress or major depression – yet only 50% who need mental health treatment will receive care. The Veterans and Service Members behind those statistics have names: they are our family members, friends, co-workers, and neighbors

On Saturday, July 11th, I will be participating in the 11th annual [Run to Home Base](#) presented by New Balance at Fenway and raising funds to support Home Base, a Red Sox Foundation and Massachusetts General Hospital Program, and their important mission to provide care and support to those impacted by the invisible wounds. Invisible wounds that we know as: post-traumatic stress, traumatic brain injury, anxiety, depression and other issues associated with military service. Home Base services are provided at **no cost** to the Veteran or their family, and with your support, we can ensure this care is available for the long haul.

This year, I have pledged to raise a minimum of \$_____ and am more determined than ever to help raise money to ensure our Veterans and their Families receive the assistance and support they need and deserve at Home Base. Please join me by making Home Base your avenue to making a difference in the lives of our Veterans and their Families by donating to my efforts.

100% of your donation will help provide life-saving care and support for the Veterans and Families served at Home Base.

You can support my efforts by donating directly to my fundraising page:

If you want to join me on the race course, you can register to run or walk the 9K/5K at Fenway on July 11th at www.runtohomebase.org.

Thank you for your time and support!

Proud Participant of the Run to Home Base Presented by New Balance

To learn more about Home Base, [watch this video](#).

To see highlights from the 2019 *Run to Home Base* presented by New Balance, [click here](#).