



Dear \_\_\_\_\_,

It is estimated that 1 in 3 of the Veterans who served in Iraq and Afghanistan suffer from an invisible wound, such as post-traumatic stress or major depression – yet only 50% who need mental health treatment will receive care. The Veterans and Service Members behind those statistics have names: they are our family members, friends, co-workers, and neighbors.

On Saturday, July 30<sup>th</sup>, I will be participating in the 13<sup>th</sup> Annual [Run to Home Base](#) presented by Raytheon Technologies and raising funds to support Home Base, a Red Sox Foundation and Massachusetts General Hospital Program, and their important mission to provide care and support to those impacted by the invisible wounds. The care provided by Home Base is needed now more than ever, as the extended COVID crisis continues to further impact the wellbeing of our Veterans, Service Members, and their Families. **Military suicides have increased 20% since the onset of the pandemic, with nearly 20 Veterans losing their lives to suicide each day.**

This year, I have pledged to raise a minimum of \$\_\_\_\_\_ and am more determined than ever to help raise money to ensure our Veterans and their Families receive the assistance and support they need and deserve at Home Base. Please join me by making Home Base your avenue to making a difference in the lives of our Veterans and their Families by donating to my efforts.

***100% of your donation will help provide life-saving care and support for the Veterans and Families served at Home Base.***

You can support my efforts by donating directly to my fundraising page:

\_\_\_\_\_.

If you want to join me and participate, you can register at <https://www.runtohomebase.org/>.

Thank you for your time and support!

\_\_\_\_\_  
Proud Participant of the Run to Home Base Presented by Raytheon Technologies

To learn more about Home Base, [watch this video](#).

To see highlights from a previous *Run to Home Base*, [click here](#).